## CARROT

# Fertility treatments (IUI and IVF) with Carrot

Carrot Fertility provides inclusive fertility, hormonal health, and family-forming benefits. Employees can use Carrot to get personalized support — regardless of age, race, income, sex, sexual orientation, gender, marital status, or geography.

This includes support and financial coverage for assisted reproductive technology, commonly referred to as fertility treatments, such as intrauterine insemination (IUI) and in vitro fertilization (IVF).

Visit get-carrot.com/signup to claim your benefit and start exploring the IVF and IUI resources available, including funds your employer has provided to help pay for eligible care and services.

Claim your benefit

#### Understanding fertility treatment options

Fertility treatment options may include:

- Fertility testing: At-home or in-clinic testing options to better understand fertility health, including ovarian reserve and sperm health
- Fertility preservation: including egg, sperm, and embryo freezing
- **IUI:** A fertility treatment that can help a person get pregnant by placing sperm directly into the uterus
- **IVF:** A procedure in which retrieved eggs are fertilized by sperm in a lab and then transferred to the uterus as an embryo

Learn what fertility treatment options are available in your **benefit guide**.

#### Personalized guidance

Use your Carrot benefit to:\*

- Pay for eligible care and services, such as initial consultations with reproductive endocrinologists (REIs), diagnostic testing, procedures like IUI and IVF, and more
- Find eligible fertility clinics near you
- Talk with Carrot medical experts like REIs, urologists, nutritionists, and more as often as you'd like, at no cost to you — 99% of members rate these conversations 4.9 out of 5 stars
- Order medications, supplements, and vitamins from Carrot Rx<sup>\*</sup>, an online pharmacy, for help with injections, cost savings, and convenient delivery

### What's next?

Visit **get-carrot.com/signup** to claim your benefit and start exploring the IVF and IUI resources available, including the funds your employer has provided to help pay for eligible care and services. The introduction of the benefit right after I had an IVF cycle that didn't work could not have come at a more perfect time because it made me want to try once more. We ended up having our beautiful baby girl, and now we feel that our family is complete.

- Annie V., Carrot member

\*Carrot is available in 130+ countries, and services may vary by employer, geography, and local rules and regulations.