

Financial Support



Whether you need support during a challenging financial situation or want to be more mindful of your spending, Headspace can help. Contact us for around the clock access to a range of financial resources:



- Consultations with financial educators, budgeting, managing debt, purchasing a home, saving for the future, recovering from identity theft, and more
- Referrals to additional financial support and resources
- Online financial calculators, tools, and articles
- Online access to TaxSlayer software, offering the option to prepare, print, and e-file your simple federal and state tax returns for free

Headspace members also have access to immediate mental health support and meditations including:

- One-on-one guidance from coaches and clinicians who can guide you through challenging emotions and help you reach your goals
- Hundreds of guided exercises for meditation and mindfulness to stress less, focus more, and sleep soundly

Headspace provides confidential mental healthcare and work-life resources to you and your family. To learn more about your Headspace EAP benefit, visit:

work.headspace.com/fisherinvestments/member-enroll



To talk with an EAP specialist within the U.S., call [855-420-0734](tel:855-420-0734). For support outside the U.S., visit headspace.com/work-life to locate your country-specific phone line. Use company code: [fisher investments](#)