

# UHC One-Pass Member Guide

## Program Information

Visit [www.OnePassSelect.com](http://www.OnePassSelect.com).



Log in



### The ultimate fitness membership

Get unlimited access to thousands of gyms, fitness studios, online workouts, and grocery delivery, all with one monthly membership.

Get started

### Fitness that fits you



#### Work out the way you want

Get active your way with a large network of gyms, studios, and classes. Prefer home workouts? Try live, online fitness classes and on-demand workouts.

[Find a gym near you >](#)

#### Make it a family affair

Family Memberships help your family, and even your friends, get healthier with you. Work out together, share your goals, and celebrate your progress!



#### Fuel your life

Make your busy life easier. Get healthy foods right at your door. Home delivery may be included in your employer's plan.

View gyms by inputting address or zip code.

## Find gyms and classes near you

Distance: 10 miles | Class type / feature: Select multiple | Address or ZIP code: | Gym name (optional): | Search

26 gyms

- LA Fitness**  
17364 Southampton Way · 0.2 mi away  
Starts at Premium Tier  
Details
- Nologo Gym**  
4000 Chesapeake St · 1.3 mi away  
Starts at Classic Tier  
Details
- LA Fitness**  
456 Main Ave · 1.4 mi away  
Starts at Elite Tier  
Details
- LA Fitness**  
9285W Roundtree Way · 2.2 mi away  
Starts at Standard Tier  
Details
- LA Fitness**  
937 Q St NW · 3.9 mi away  
Starts at Elite Tier  
Details
- LA Fitness**

Available gyms vary by program.

View FAQs at the bottom of the page and select “See more” to view all program FAQs.

## Frequently asked questions

What is One Pass Select? ▼

Who can use One Pass Select? ▼

How much does One Pass Select cost? ▼

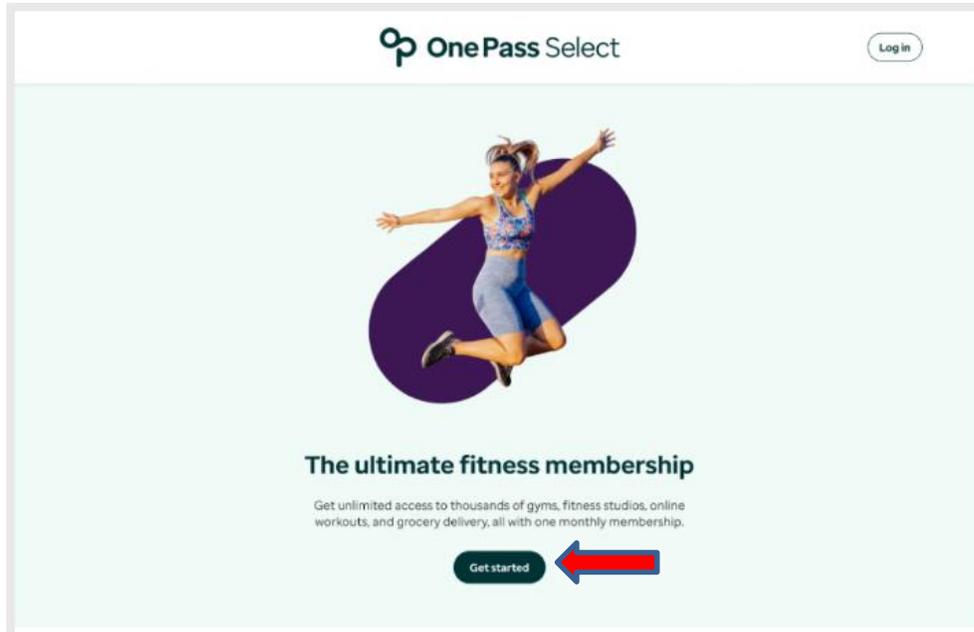
How do I get started with One Pass Select? ▼

[See more >](#)



## Registration & Enrollment

Click on the “Get started” button on the homepage.



Register for One-Pass by entering your first and last legal name, date of birth and identification type (*social security number and/or health plan ID*). If you already have an account select “Sign In” at the top right corner of the screen and enter your username and password.

## Let's get you registered

Create your [HealthSafe ID](#) to help protect the security of your personal health information.

All fields are required unless marked as optional.

First Name

Last Name

Date of Birth (mm/dd/yyyy)

Identification Type

[Help](#)

Employer Assigned ID

Social Security Number

Health Plan Member ID

Employer Assigned ID

Enter the ID assigned to you by your employer. Please do not include any special characters, dashes, or spaces.

Continue

Once verified, you will be prompted to set up a username and password and enter your email address. Select the two acknowledge boxes accordingly.

HealthSafe ID

### Set up your account

Create your HealthSafe ID account by completing the fields below.

All fields are required unless marked as optional.

Username  
Create Username

Password  
Create Password

Email Address  
Must be unique per account.  
name@domain.com

Remember my username (Optional)

By selecting this checkbox, I have reviewed and agree to the [Terms of Use](#), [Privacy Policy](#) and [Consumer Communications Notice](#).

Continue

Next, you'll be prompted to set up multi-factor authentication by choosing to receive a code via text message or phone call. Enter their phone number and select "Text me" or "Call me."

HealthSafe ID

### Keep your account safe

To keep your account secure, please choose a confirmation method.

All fields are required unless marked as optional.

Confirmation Type

Text Message

Country Code Phone Number  
+ 1

An automated text message will be sent to the phone number you provide for account confirmation and recovery purposes, and as noted in the [Consumer Communications Notice](#). Messaging, data rates, and [Texting Terms and Conditions](#) apply.

Text me

HealthSafe ID

### Keep your account safe

To keep your account secure, please choose a confirmation method.

All fields are required unless marked as optional.

Confirmation Type

Phone Call

Country Code Phone Number  
+ 1

An automated phone call will contact the phone number you provide for account confirmation and recovery purposes, and as noted in the [Consumer Communications Notice](#). Messaging, data rates, and [Texting Terms and Conditions](#) apply.

Call me

You will receive the code via text or a phone call, enter the code into the space provided, and click "Create account."

HealthSafe ID

### Check your text messages!

Please enter the confirmation code that has been sent to the phone number below. The code will expire after 10 minutes.

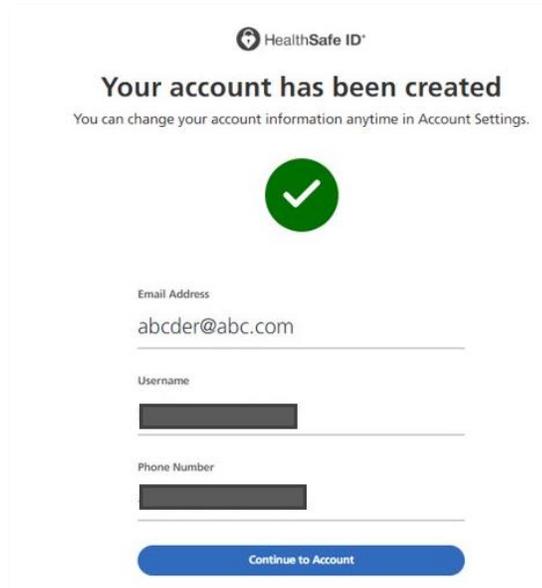
Phone Number  
[Redacted] Edit

Confirmation Code  
[Input field]

Create account

Text me again > Call me instead >

Your account has now been created. Click “Continue to Account.” The system may ask you again for your username, password, and phone number to log into your One-Pass account.



HealthSafe ID<sup>®</sup>

## Your account has been created

You can change your account information anytime in Account Settings.



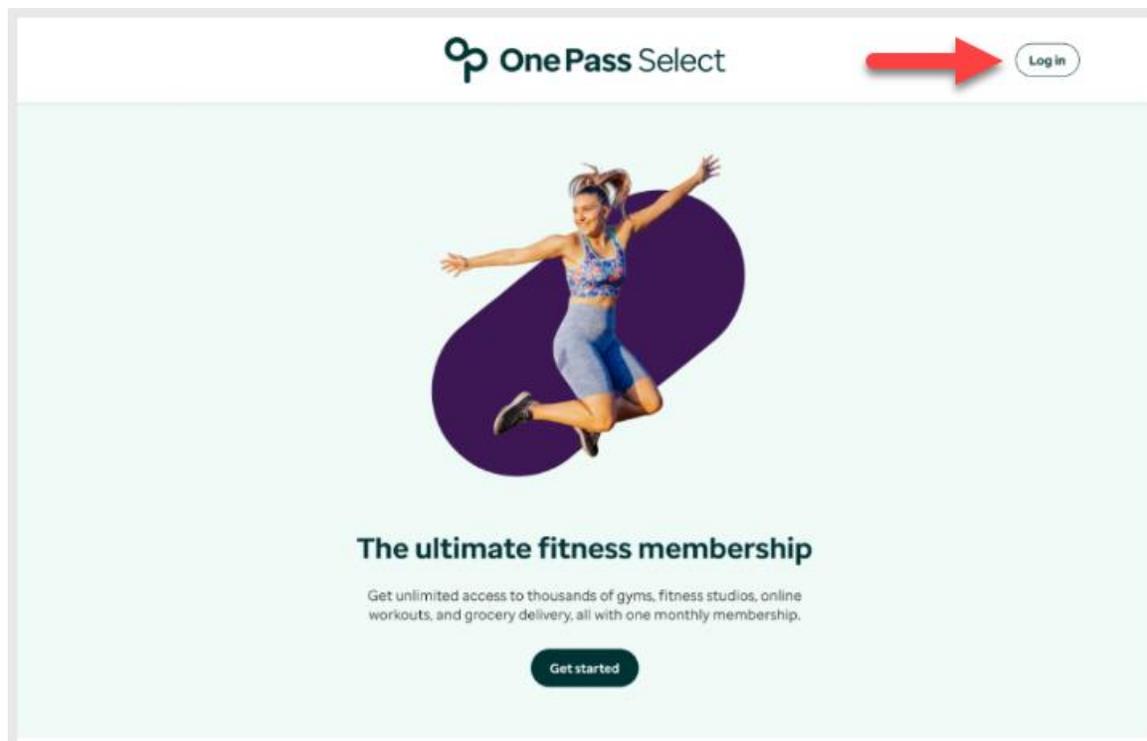
Email Address  
abcd@abc.com

Username  
[REDACTED]

Phone Number  
[REDACTED]

[Continue to Account](#)

Once your account is set up, click the “Log In” button on the top right corner of the [www.OnePassSelect.com](http://www.OnePassSelect.com) site and enter your credentials that you registered with initially.



Once you're logged in, you will be able to view the One-Pass dashboard and the tiers available. You are also able to view your local gyms and online fitness partners available through One-Pass.

Tier	Price / month	Enrollment fee	Locations	Classes	Services	Label
Digital	\$10	+\$10	Thousands of online fitness classes	Online fitness classes	Grocery delivery	
Classic	\$34	+\$29	12,000+	Online fitness classes	Grocery delivery	TOP PICK
Standard	\$69	+\$29	14,000+	Online fitness classes	Grocery delivery	
Premium	\$109	+\$29	16,000+	Online fitness classes	Grocery delivery	BEST VALUE
Elite	\$159	+\$29	19,000+	Online fitness classes	Grocery delivery	

Once you choose your desired tier, you will review the One-Pass Subscription Terms and set up your credit card payment. Enter your credit card information, billing address, and email address. You will then review the payment details, click the terms, and click “Purchase Membership” to complete enrollment.



[Back](#)

### Congrats on joining One Pass Select!

Enter your information below to complete your purchase. For best results, please do not refresh this page.

#### Set up your credit card payment

Icons for American Express, Mastercard, Visa, and Discover.

First name \*  Last name \*

Card number \*

Expiration date \*  Security code \*

#### Enter your billing address

Street address \*

Apartment / Suite (optional)

City \*  State \*

ZIP code \*

Email address \*

#### Premium membership

16,000 Gym locations - Online fitness classes - Grocery delivery - Family Membership [Change tier](#)

Premium membership plan	\$109/month
Tax (Calculated via ZIP code)	\$790
<b>Total</b>	<b>\$116.90</b>

I have read and accept the [One Pass subscription terms](#).

I agree to receive [periodic promotional communications regarding programs, products, and services](#).

**Purchase membership**

By signing up you are agreeing to the [One Pass Subscription Terms](#). Membership is instant, and you will be charged for the full current calendar month on the day you sign up.  
On the 27th of each month, your payment method on file will be charged a recurring monthly membership fee at your chosen tier level for the following month.  
You may submit a cancellation request at any time. Because your One Pass membership is billed in advance, you must cancel at least 30 days in advance of your next billing date (27th of each month) for your cancellation to be effective at the end of the following calendar month. Cancellation requests received less than 30 days prior to the next billing date will be effective at the end of the second calendar month after you submit your cancellation.

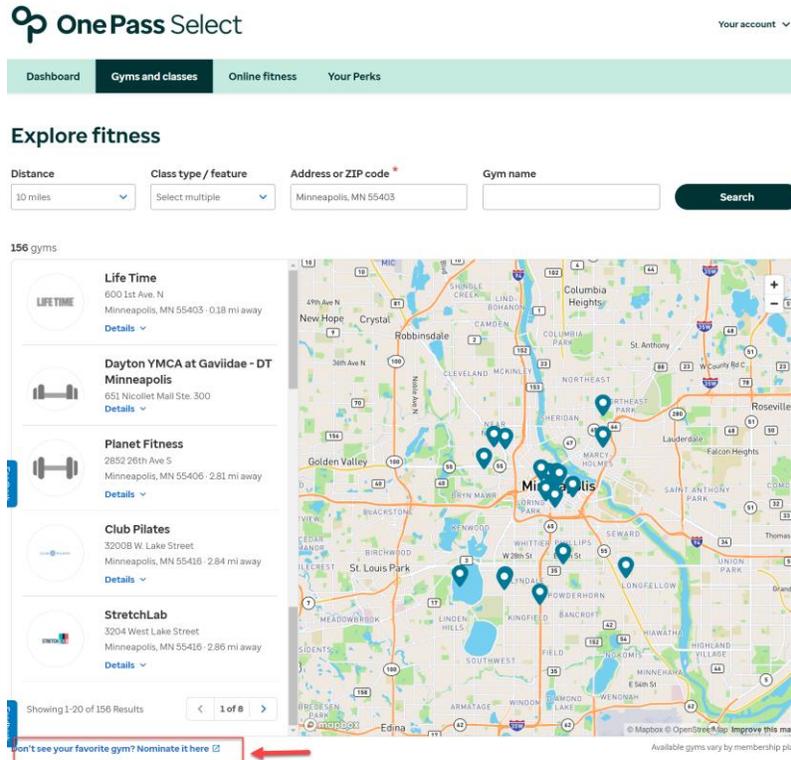
## Member Dashboard

Once you purchase a membership, you will be able to see your new 9-digit member code under “Unlock it all with your code!” You can click your code to learn next steps and how to use it. All One-Pass partners will need your member code to verify your eligibility and enroll you with a membership. You can print your code to bring with you to a participating facility or copy your code to use with a digital platform or additional benefit. If you are utilizing your mobile device, you can add your code to your Apple or Google Wallet.

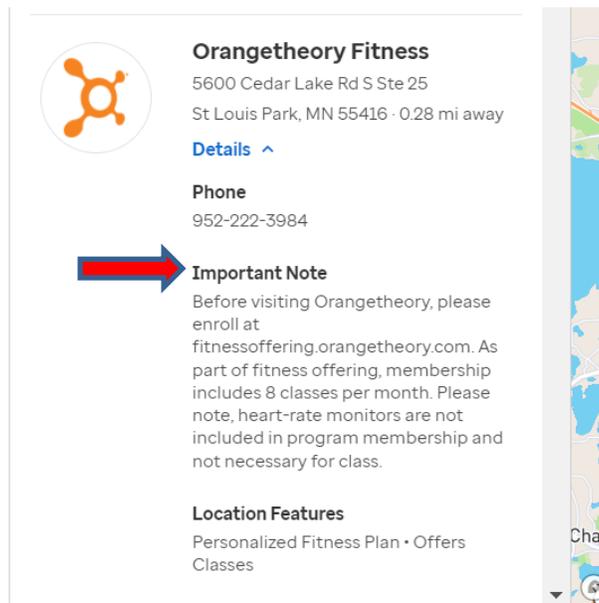
The dashboard features a navigation bar with 'Dashboard' (active), 'Gyms and classes', 'Online fitness', 'Your perks', and 'Mobile app'. A 'Your account' dropdown is in the top right. The main content area says 'Welcome Jonathan!' and includes a 'Cobrand Logo' button. A large card on the left shows a woman jumping with the text 'Unlock it all with your code!' and a red arrow pointing to a code box containing 'Code: A123443931'. To the right, a 'Just for you' section contains two items: 'One Pass mobile app' with a 'Learn more' link, and 'Sign up your family and friends' with a 'Get started' link. A pagination control shows '1 of 2'.

The modal displays the member code 'A123443931' and the text 'MEMBER CODE'. Below this, it says 'Use your member code to access all the gyms, classes, and services you choose'. There are two buttons: 'Print code' and 'Copy code'. The modal is divided into two columns: 'Fitness locations' and 'Online classes and services', each with explanatory text. At the bottom, there is a 'Got it!' button and a 'Help Center & FAQs' link.

At the top of the page, you will see the Dashboard, Gyms and Classes, Online Fitness and Your Perks tabs, if applicable. When you click on the “Gyms and Classes” tab you can browse gym partners that are available in your enrolled tier. Under “Explore Fitness” you can search for gyms in network by entering your zip code, desired radius, class type and feature. Enrolled members can also nominate a facility to join the One-Pass network, by clicking “Don’t see your favorite gym? Nominate it here” and completing the form.



Any facility or membership details will display in the search, you may need to select “Details” to view the entire note. For example, class-based studios (like Orangetheory Fitness) will oftentimes offer One-Pass members a class-based membership and the details would be noted in the search.



Under “Online Fitness” you can view all the partnered digital platforms. You can enroll with as many online fitness partners as you'd like. You can click to copy your code for easy enrollment. Once you select a platform, you will be prompted for your member code as well as any other additional information required for enrollment. The initial registration process must be completed through the One-Pass member portal to activate the benefit, thereafter you can go directly to the platform’s app or website to log in.

**OnePass Select** Your account ▾

Dashboard Gyms and classes **Online fitness** Your Perks

### Online fitness

Class type  
Select multiple ▾

#### Age Bold

Over 300+ videos  
Bold provides online exercise classes designed to help you age better.

- ✓ On-Demand Workouts
- ✓ Livestreaming Classes

[Go to Age Bold ↗](#)

#### Daily Burn

Over 3,000+ videos  
Get fit from home or anywhere, with workout styles for all fitness levels.

- ✓ On-Demand Workouts

[Go to Daily Burn ↗](#)

#### Encore Wellness

Over 500+ videos  
Senior focused fitness, social, and educational classes for all levels!

- ✓ On-Demand Workouts
- ✓ Livestreaming Classes

[Go to Encore Well... ↗](#)

#### Fitbit Premium

Over 500+ videos  
Get personalized health and wellbeing guidance just for you

- ✓ On-Demand Workouts

[Go to Fitbit Prem... ↗](#)

If applicable, under “Your Perks” you can view and enroll with our partners Shipt, Walmart+ and AARP. You can click to copy your code for easy enrollment, then select the link to go to the partner’s site. You will be prompted for your member code as well as any other additional information required for enrollment. The initial registration process must be completed through the One-Pass member portal to activate the benefit, thereafter you can go directly to the platform’s app or website to log in.

**OnePass Select** Your account ▾

Dashboard Gyms and classes Online fitness **Your Perks**

### Your perks

#### Save time & money benefits with Walmart+.

Members get free delivery, free shipping with no order minimum, gas savings & more. Terms apply.

- ✓ Free delivery on fresh groceries.
- ✓ Ship items as often as needed—for free!
- ✓ Save 10¢ per gallon at over 13,000 stations.

[Go to Walmart+ ↗](#)

#### Same-day delivery from stores you trust.

Order everything from groceries to household essentials for delivery to your door in as soon as 1 hour.

- ✓ Get fresh groceries with same-day delivery.
- ✓ Delivery from the retailers people love.
- ✓ Everything you need, all in the Shipt app.

[Go to Shipt ↗](#)

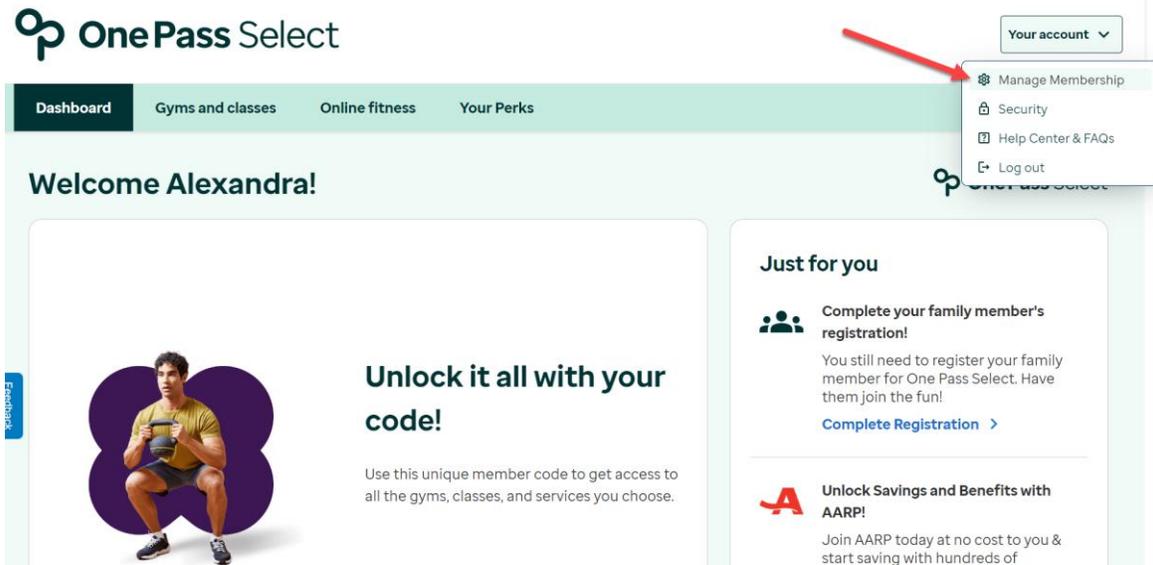
#### Unlock Savings and Benefits with AARP!

Join AARP today at no cost to you & start saving with hundreds of discounts & financial tools.

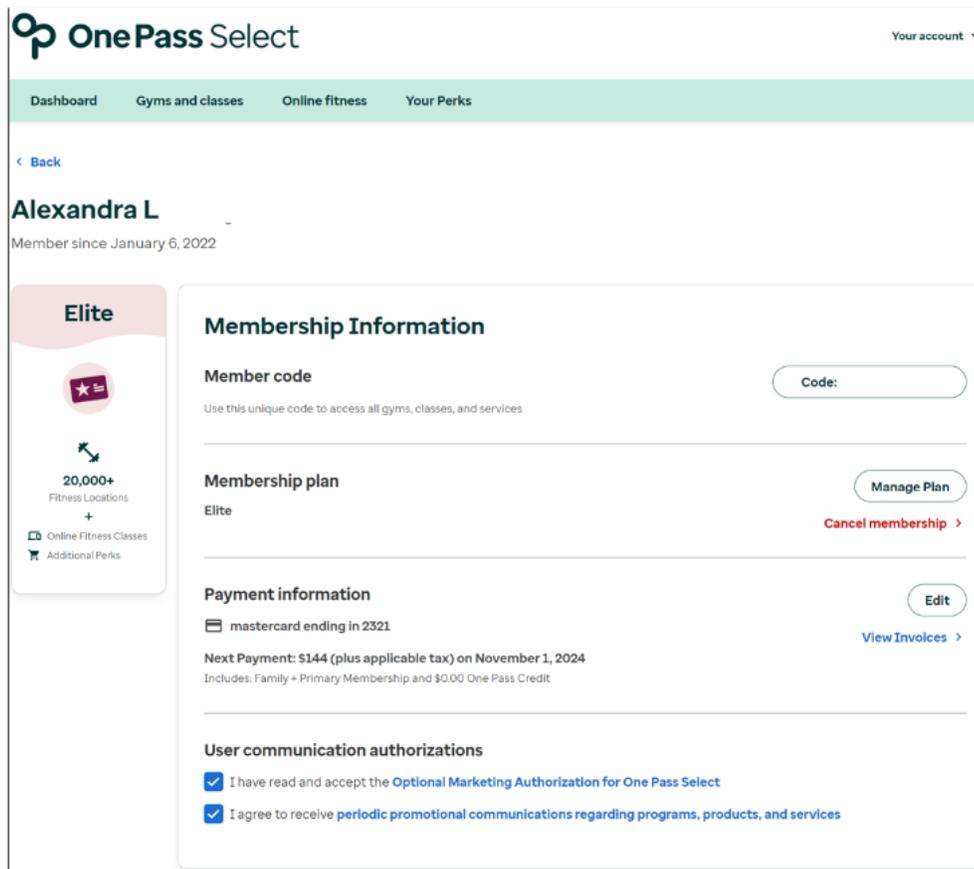
- ✓ Discounts on travel dining and more.
- ✓ AARP The Magazine - world's most circulated.
- ✓ Career and financial planning resources.

[Go to AARP ↗](#)

You can go to “Manage Membership” located under “Your Account” at the top right of their screen.



Under “Manage Plan” you can upgrade or downgrade your tier, which will go into effect on the next billing date (1<sup>st</sup> of the month). Right below is the ability to cancel your membership. You can also click “Edit” to update your credit card information. Right below is the ability to view your invoices.



## Family Memberships

Within “Manage Membership” you can add family and friends (18 years or older) onto your account. They do not need to be household members or on the primary member’s medical plan.

**Elite**



**20,000+**  
Fitness Locations

+

Online Fitness Classes  
Additional Perks

### Membership Information

**Member code** Code:

Use this unique code to access all gyms, classes, and services

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**Membership plan** Manage Plan

Elite Cancel membership >

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**Payment information** Edit

mastercard ending in 2321 View Invoices >

**Next Payment: \$144 (plus applicable tax) on November 1, 2024**  
Includes: Family + Primary Membership and \$0.00 One Pass Credit

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**User communication authorizations**

I have read and accept the [Optional Marketing Authorization for One Pass Select](#)

I agree to receive [periodic promotional communications regarding programs, products, and services](#)

### Family Memberships

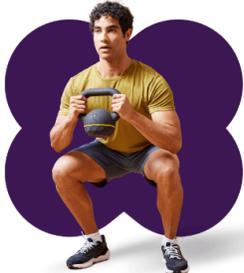
Add family members who are 18 and over to your One Pass Select account at a 10% discount per member

Add Family Member 

You can also add family members from your Dashboard, a Family Membership tile displays under “Just for you.”

# Welcome Alexandra!





## Unlock it all with your code!

Use this unique member code to get access to all the gyms, classes, and services you choose.

Code: **B233574771** 

### Just for you

 **Complete your family member's registration!**

You still need to register your family member for One Pass Select. Have them join the fun!

[Complete Registration >](#)

 **Get the things you need from stores you trust.**

Same-day delivery on groceries and essentials from stores you trust included in your membership. Get...

[Learn More](#) 

< 1 of 2 >

You will enter your family or friend's first and last names, date of birth, relationship, and email address. Click "Continue."



## Add family member

First, tell us about them.

**First name \***

**Last name \***

**Date of birth (Must be 18 years or older) \***

**Relationship \***

**Email address \***

Continue

Cancel

You will be prompted to select the family or friend's tier; it does not have to be the same as your tier. Family memberships receive a 10% discount off tier prices and do not have an enrollment fee to join One-Pass.

Tier	Price / month	Key Features	Special Note
Digital	\$9	Thousands of online fitness classes	
Classic	\$30.60	12,000+ Fitness locations, Online fitness classes, Grocery delivery	TOP PICK
Standard	\$62.10	14,000+ Fitness locations, Online fitness classes, Grocery delivery	
Premium	\$98.10	16,000+ Fitness locations, Online fitness classes, Grocery delivery	BEST VALUE
Elite	\$143.10	19,000+ Fitness locations, Online fitness classes, Grocery delivery	

Once the you select the tier for the family or friend, they will be able to review and pay. The family membership will bill to the primary member's card on file. You can review the Subscription Terms and then click "Add Family Member."

### Review and pay

**Digital membership**  
Thousands of Online Fitness Classes  
[Change tier >](#)

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Add Family Member \$9 / month

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**Due Today** **\$9.00 + Tax**

MasterCard ending in 2321

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Membership is instant, and you will be charged for the full current calendar month on the day you sign up your family member.

[Add family member](#)

[Cancel](#)

Once complete, the family membership will display within “Manage Membership” for the primary member. The primary member can edit the family or friend’s info, upgrade or downgrade their tier, as well as cancel their membership.

### Family memberships

Add friends or family members to your One Pass account for an additional fee per member. [Add family member](#)

<b>Rick Sanchez</b>	 <b>Membership tier</b> <a href="#">Edit &gt;</a> Premium	<b>Monthly cost</b> \$99.00	<b>Member code</b> A123443931	<a href="#">Edit member info</a> <a href="#">Remove &gt;</a>
<b>Jerry Smith</b>	 <b>Membership tier</b> <a href="#">Edit &gt;</a> Classic	<b>Monthly cost</b> \$29.00	<b>Member code</b> A123443931	<a href="#">Edit member info</a> <a href="#">Remove &gt;</a>
<b>Jerry Smith</b>	 <b>Membership tier</b> NA	<b>Monthly cost</b> NA	<b>Member code</b> NA	<a href="#">Complete registration</a> <a href="#">Remove &gt;</a>

**Inactive members** [▼](#)

The family member will receive an email with their member code and instructions to get started. The family member will be directed to the login page where they will provide the One-Pass member code that was provided in the email. They will check the terms and conditions box and click “Submit.”



## Welcome family member

Enter your Member Code to get started with all your One Pass Select benefits.

Member code

I agree with the [Terms of Service](#) and [Privacy Policy](#).

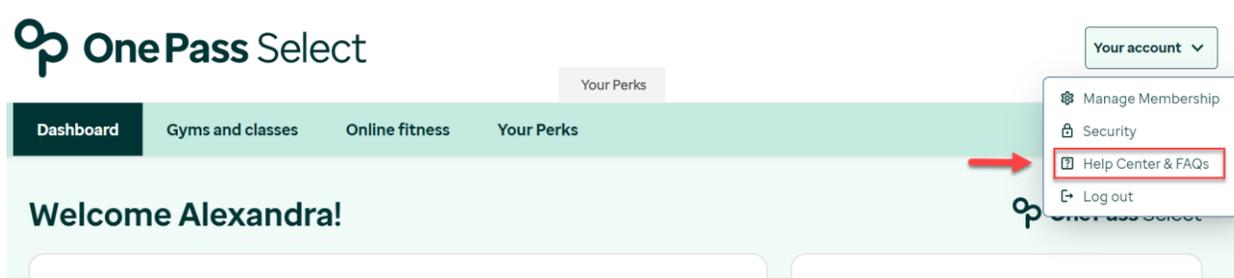
**Note:** The account owner must be the one to call customer support about any questions related to a family member’s account

[Submit](#)

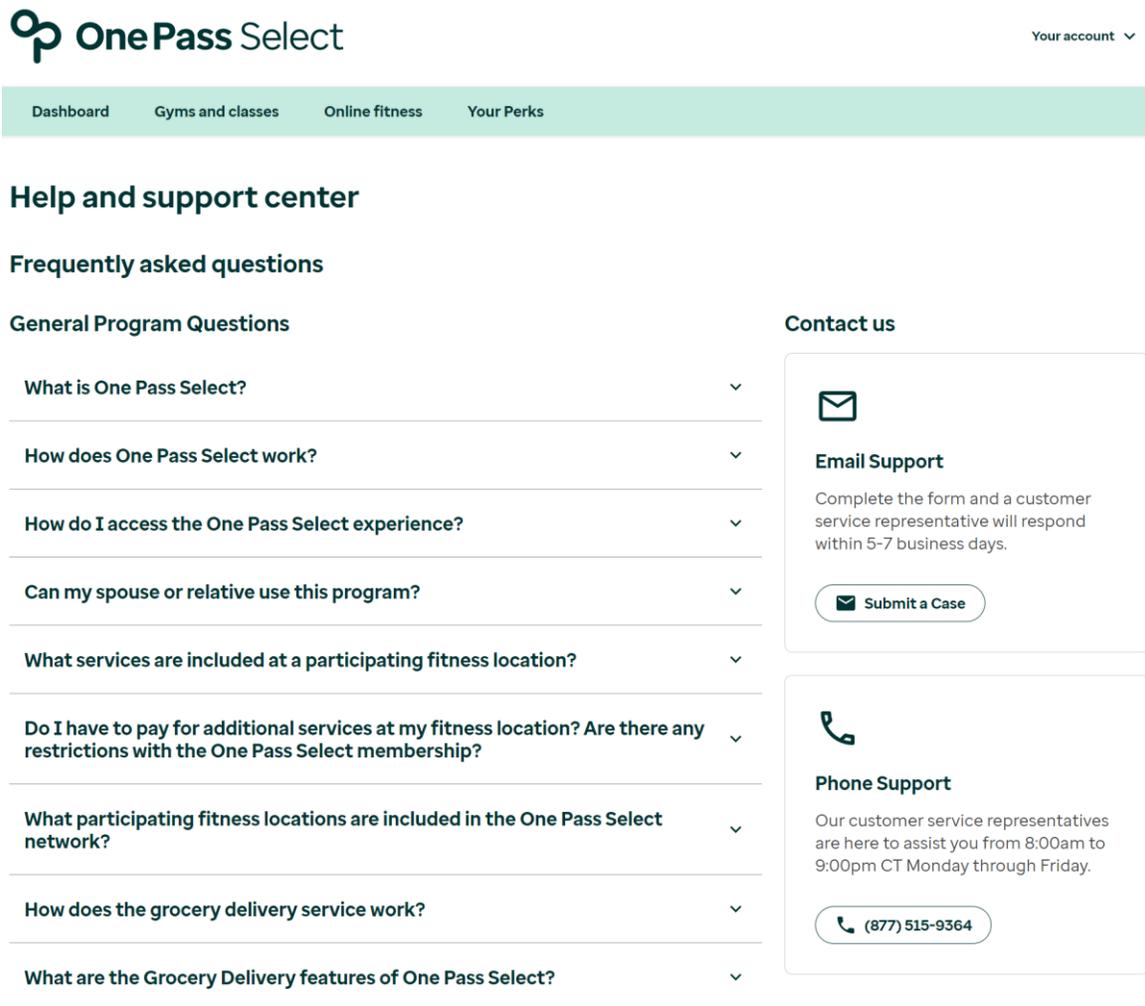
The family member will enter the One-Pass family member experience. The experience is the same as the primary member but will not have the ability to view the “Manage Membership” page. All changes to the family membership must be completed by the primary member.

## Help Center & FAQs

Members can click on their name in the top right-hand corner of their experience and select "Help Center & FAQs."



Members can view FAQs and contact customer service. (Holidays observed by customer service: New Years Day, MLK Day, Memorial Day, Independence Day, Labor Day, Thanksgiving Day, Day after Thanksgiving, Christmas Day)



One-Pass FAQs - <https://www.OnePassSelect.com/faqs>